

# News

*Dear Parents,*

It has been a busy time at the gym with a return to full classes and competition for some of our gymnasts.

Our Aerobic gymnasts have competed both nationally and internationally over this term. While our Men's artistic squad have had success at both the British Championships and the Southern Region Grades.

I would like to thank you for doing your part and just dropping children off where possible. This has allowed us to keep everyone safe.

*Winter is  
Coming!*



Please remember to bring some warm clothing for your gymnast to wait in and put on after class. Dressing Gowns or onesies are great for this as they slip on quickly.



## Dates for your Diary

- 5th December—Club Competition
- 12th December - End of Term
- 17th/18th/19th December - Gala
- 4th January—Start of Term



# WOW!

Fin, won the U18 British bronze medal on vault and 6th place all around at the British championships! This was his last competition at Bulmershe before he goes off to university in Portsmouth.

Here's to the end of an era and the end to an extremely rewarding partnership between Fin and his coach Mat Budsworth.



# Club Uniform

Don't forget our Club uniform shop we have a wide range of gym gear for our fabulous gymnasts. Click on the link below to see more merchandise.

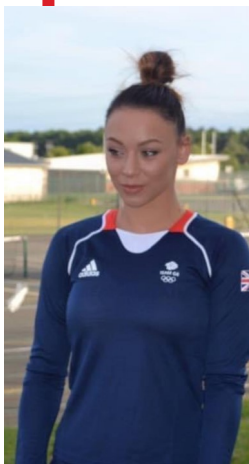
<https://www.tilehurstschoolwear.co.uk/bulmershe-gymnastics-71-c.asp>



Congratulations to Dylan and Chloe who have been promoted to Assistant Heads. Dylan will be assisting with the planning and organisation of our Recreational programme. He has brought many fun ideas to the sessions and ran zoom classes during lockdown and we look forward to his input in future classes.

Chloe will bring her experience of international competitions to our Aerobic Gymnastics Squad, helping develop our future stars. Chloe is a World Silver medallist and Master Gymnast.

Both these coaches were gymnasts at the club for many years before starting their coaching career with us.



## Useful Contacts

Membership Manager Carla Clarke  
[membership@bulmershegymnastics.co.uk](mailto:membership@bulmershegymnastics.co.uk)

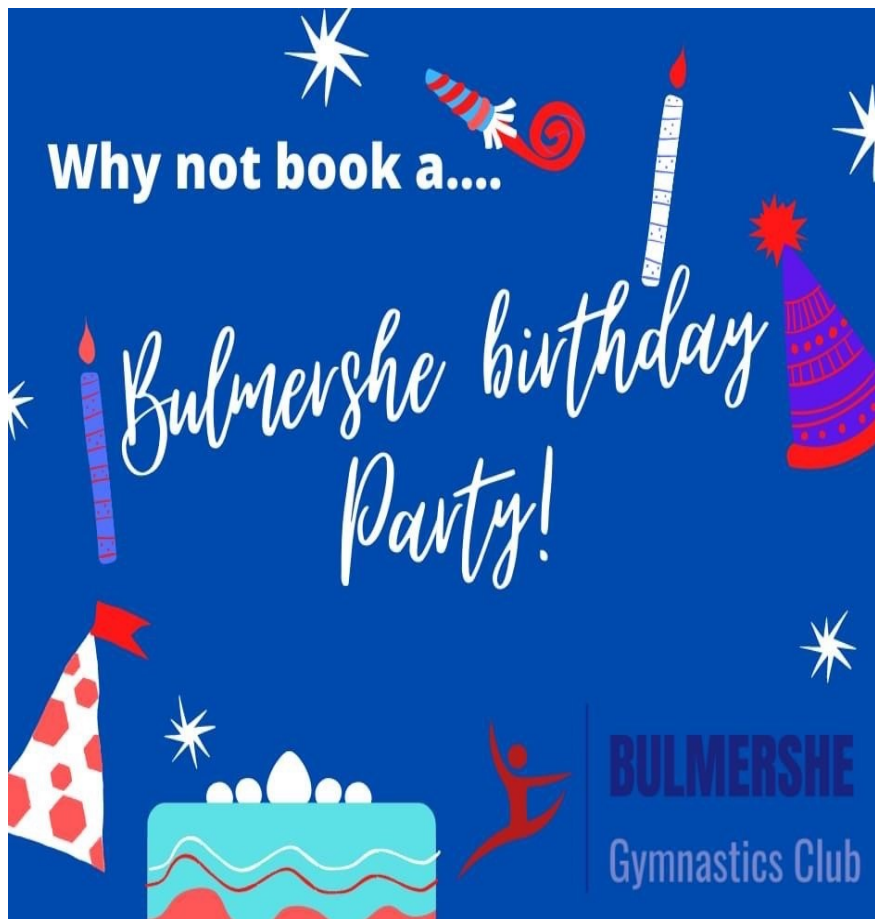
Welfare Team  
[welfarebgc@gmail.com](mailto:welfarebgc@gmail.com)

Head of Operations Trina Farrance  
[Trina@bulmershegymnastics.co.uk](mailto:Trina@bulmershegymnastics.co.uk)

[www.bulmershegymnastics.co.uk](http://www.bulmershegymnastics.co.uk)

Why not book a....

Bulmershe birthday  
Party!



# Pre-school Gymnastics

## Twinkling Stars Walking to 4 years with Adult

Monday 10.15 – 11.00am  
Tuesday 10.15 – 11.00am  
Friday 10.15 - 11.00am

## Rising Stars Walking to 4 Years Structured with adult

Monday 11.15 – 12.00pm  
Friday 11.15 - 12.00pm

## Shooting Stars 3 & 4 Years Structured without adult

Monday 2.00 - 2.45pm  
Tuesday 11.15 - 12.00pm



# Holiday Fun!

5 yrs and under drop in and free play  
Tuesday 26th October 9am - 10am

5yrs+ Ninja Camp  
Tuesday 26th October 10am - 2pm

Recreational Gym Camp  
Wednesday 27th October 9am - 1pm

5 yrs and under drop in and free play  
Thursday 28th October 9am - 10am

5yrs+ Ninja Camp  
Thursday 28th October 10am - 2pm



**BULMERSHE**  
Gymnastics Club

# Well Done!

To our aerobic gymnasts that competed in the Plovdiv Championships in Bulgaria and the European Championships in Italy last month.



# Congratulations

Niamh, on her British Champion title and her Master Gymnast Award. Niamh is the second Bulmershe gymnast to receive this prestigious award.



## Bulmershe Welfare Team, here to help.....

If you have any concerns about something that happens in the gym and you can't talk to the appropriate coach, then the welfare team are here to support you.

We can be contacted at: [welfarebgc@gmail.com](mailto:welfarebgc@gmail.com)

All concerns are treated confidentially.